



### **Home Health Agency at home, Dr. Postigo supervises:**

Covered by your insurance, if you qualify. They provide medical services. They will decide how long they will see you at home. If you want them to stay longer than is approved you will need to pay out of your pocket since the insurance will not cover it.

Services Provided by Home Health Agencies:

- Nurses
- Physical Therapy: they exercise you
- Occupational Therapy: they train you to do a specific activity like brushing teeth
- Speech Therapy: help you with speaking and swallowing
- Social Workers: help you with social problems, like applying for Medicaid.
- Aids: help you at home with bathing, cleaning or cooking, etc.
- Palliative Care: Long-term follow up for sick patients to improve the quality of life for patient and family.

### **Aids at home, Dr. Postigo supervises:**

They help you at home, like helping you take a shower, cleaning or cooking.

1. If you have Medicaid and you qualify, Medicaid will pay for long term coverage with aids through a company. The company nurse will decide how many days and how many hours a day you get and aid.
2. As long as you have a Home Health Agency going to your home, their nurse will decide how many days and how many hours a day you can get an aid. Once the Home Health Agency is gone, the aids will stop coming. It is a short-term coverage.
3. If you have VA benefits and you qualify, the Veterans Administration can pay for you to have long term aids. The VA will decide how many days and how many hours a day you get and aid.
4. If you don't qualify for any of the 3 above and you need aids you will need to pay for the aids from your own pocket. There are companies that provide aids or you can find a private aid yourself.

### **Hospice at home or in a hospice facility, Dr. Postigo do not supervise. He transfers care to the Hospice medical team:**

Covered by Medicare. For terminal patients, with a prognosis of 6 months or less. For patients who have decided to stop curative treatment and focus on comfort care and they prefer not to go back to the hospital. Hospice care can be done at home or in a Hospice Home or in a Nursing Home. The supervising nurse decides how many hours a day you can get an aid at home. Home aids are not authorized to give medicines, the family is still in charge of medications. Hospice pays for medicines and medical equipment like a hospital bed. There are 2 Home Health Agencies in town that provide Hospice Care. U of R affiliated with the University of Rochester and Lifetime Care affiliated with Rochester Regional.

**Providing home visits for patients 65 years and older around the Rochester area at no extra cost.**

Specializing in: Geriatrics, Internal Medicine, Hospice, and Palliative Care

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